

Lesson plan Unit 8.

Health.

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Lesson planner: Эрмекбаева Н.Ж

Students: Young adults with pre-intermediate language proficiency. 14 students in the class. 1st year students, aged 17-18.

Setting: Faculty of Foreign Languages, Chair of English Phonetics and Grammar. Classes are 90 minutes long and meet 4 times a week (twice in class and once out of class).

Lesson Background: In previous lessons students have been learning vocabulary on weather. They have written various assignment and have done some activities.

Learning outcomes/ Expected results:

Objectives: At the end of the lesson SWAT;

- reinforce their knowledge of collocations;
- complete the sentences;
- enlarge their vocabulary;
- answer the questions;
- develop listening, speaking and comprehension skills.

Materials: Q skills intro Papers and markers, computer projector, pictures.

Sources: 1.Q Skills Intro Level,Reading and Writing.Oxford University Press.

3. <http://americanenglish.state.gov/resources/activate-board-games>

Procedure

Time	Activities
	<ol style="list-style-type: none">1. Warm up/ “Go fishing”.2. Checking up homework/ Presentations.3.Collocations.4. Listening. .<ol style="list-style-type: none">4.1. Pre-listening4.2. While-listening4.3. Post-listening5. Marking.

6. Closing.	
10 min.	<p>Warm-Up. “Go fishing” Teacher gives cards with new vocabulary to students. Ss should explain the words in English. 1st student asks the word if the other knows it the 2nd student takes the card. A student with more cards will be a winner.</p>
15 min.	<p>Checking up homework. Students make presentation on topic “Health” .</p>
15 min.	<p>Grammar theme: Collocations.</p> <p>Presentation. Teacher explains the theory. Collocations are two or more words come together. Eg belong to, lose weight, etc. There are verb+noun, verb+preposition collocations.</p> <p>Practice. A) Ss do activity A p.123. Ss complete the sentences with collocations. b) Ss answer the questions from activity B P.123</p> <p>Production. Ss make up short dialogues and act them out.</p>
15 min.	<p>Pre-Listening</p> <p>a) Teacher asks some questions. Activity A p 118 What do you think? Why are these habits unhealthy? Ss read and match habits with reasons.</p> <p>b) Ss do activity B.p118. Ss complete the sentences.</p> <p>c) Reading 2. New vocabulary p 119. to be addicted to-can't stop doing smth. exhausted-extremely tired stress-worry break-stop instead of-to replace lose weight-become thinner unfortunately-sadly create-make.</p>

15 min.	Listening	Ss listen to the text “Dr.Lee on Health” twice.
3 min.	Ice break	Song “If you’re happy and you know it”.
20 min.	Post listening.	<p>Comprehension Check p.121.</p> <p>1) Circle correct answer.</p> <p>1.Sam is tired during the day because he a) stays up late</p> <p>2.Dr.Lee thinks that Sam should d)break his habit.</p> <p>3.Mary writes to Dr.Lee because he want to c)lose weight.</p> <p>4.Dr.Lee says that Mary should a)create her own diet plan.</p> <p>2) Ss Do ActivitiesB (group work) Discussing questions using expressions that we have learned at the previous lessons.</p> <p>c) (pair work)</p> <p>1.Why is it important to change the habit?</p> <p>2. Do you have a goal?</p> <p>3.Do you have a plan?</p> <p>d)Ss do activity B p.122.</p>
	Giving Home assignment	<p>ActivityA p.124</p> <p>Activities B,C,D p.125.</p> <p>Write an essay on topic “Bad habits”.</p>
5min.	Closing.	Teacher makes the conclusion and evaluates students according to the results.