Standardised Assessment Form for Trainees

Mini Clinical Examination Exercise (Mini-CEX)

Topic: Contraception – Intrauterine Device (IUD) Insertion

Student's name _____   Group _____

Assessment date _____

Name and position of the practice supervisor:
_____

Phone / e-mail of the supervisor:
_____

Brief description of the clinical case

A 28-year-old woman, G2P2, requests long-term reversible contraception. No history of pelvic inflammatory disease, no abnormal uterine bleeding, pregnancy excluded. The student is required to counsel the patient and demonstrate IUD insertion technique on a model.

Assessment checklist

1. Anamnesis taking skills

■ Assessed reproductive plans
■ Asked about menstrual history
■ Excluded pregnancy
■ Asked about PID / STI history

2. Communication and counselling skills

■ Explained types of IUDs (copper / hormonal)
■ Explained effectiveness and duration
■ Discussed possible side effects
■ Obtained informed consent

3. Clinical thinking

■ Correctly identified indications for IUD
■ Correctly identified contraindications
■ Selected appropriate type of IUD

4. Technique of IUD insertion – Preparation

■ Hand hygiene and aseptic technique
■ Correct positioning of the patient
■ Preparation of sterile instruments

4. Technique of IUD insertion – Procedure

■ Bimanual examination performed
■ Speculum insertion correctly
■ Cervix visualised and stabilised
■ Uterine sounding performed correctly
■ IUD inserted to correct depth
■ Threads cut to appropriate length

4. Technique of IUD insertion – Post-procedure

■ Checked patient's condition

■ Explained warning signs (PAINS)
■ Gave follow-up recommendations

5. Professional behaviour

■ Respectful attitude to patient
■ Maintained privacy and comfort
■ Followed safety principles

6. Ability to organise the consultation

■ Logical sequence of actions
■ Time management
■ Clear explanations

Global assessment of competence

■ Low level at this stage of training
■ Performs at expected level
■ Performs above expectations
■ Performs at the level of a doctor

Examiner's feedback

What was done well: _____

What should be improved: _____

Agreed action plan: _____

Signature of examiner _____   Signature of supervisor _____