

# Subanova Gulzhamal Arstanalievna

## Contact Information

Email: gsubanova  
@oshsu.kg

guljamal67@mail.ru

Affiliation: Osh State  
University

Osh, Kyrgyzstan



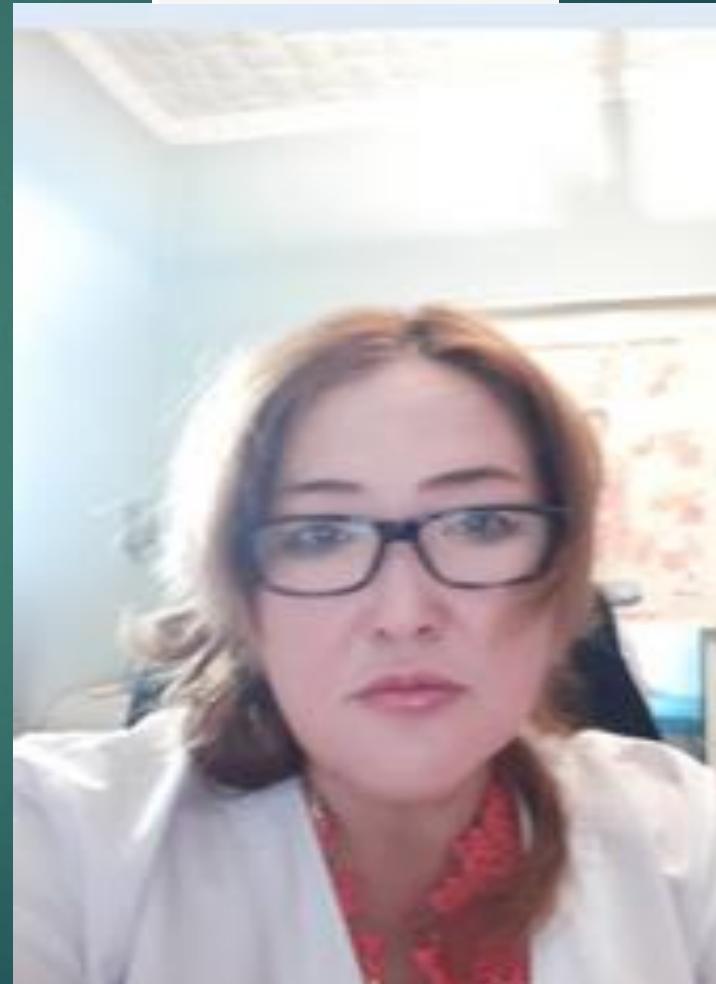
# Subanova Gulzhamal Arstanalievna



OSH STATE UNIVERSITY



- ▶ Associate Professor of the Department of Obstetrics, Gynecology and Surgery ,





## Personal Information

- ▶ Date of Birth: July 6, 1967
- ▶ Place of Birth: Aksy District, Jalal-Abad Region, Kyrgyzstan
- ▶ Citizenship: Kyrgyz Republic
- ▶ Languages: Kyrgyz, Russian, English
- ▶ Total experience: 32 years
- ▶ Teaching experience: 23 years

## Education

- ▶ Kyrgyz State Medical Institute (KSMI)
- ▶ Specialization: Obstetrician-Gynecologist
- ▶ Additional knowledge: Law Institute, Jurisprudence





## Professional Experience

- ▶ Associate Professor, Osh State University (2010–present)
- ▶ Head of Department of Obstetrics and Gynecology, KSMI (2014–2023)
- ▶ Project Expert, Ministry of Health of the Kyrgyz Republic (2014–2019)
- ▶ Obstetrician-Gynecologist, Osh City (1994–2003)

## Academic Achievements

- ▶ Candidate of Medical Sciences (2010)
- ▶ Associate Professor (2014)
- ▶ More than 50 publications

**A State-wise and Age-Stratified Analysis of Reproductive and Gynecological Health Among Indian Women: Emerging Trends, Barriers, and Public Health Implications**

**Authors:**  
Subanova Gulzhamal Arstanalievna | Shaikh Sanjita Banu | Mohammad Azeem

**Institution:**  
International Medical Faculty, Osh State University, Kyrgyzstan

**Abstract:** A comprehensive analysis of the hidden reproductive health inequalities among Indian women.





## Research Interests

- ▶ Cervical pathology and colposcopy
- ▶ Reproductive health
- ▶ Postpartum hemorrhage
- ▶ Genital prolapse
- ▶ Gestational diabetes

## Awards and Honors

- ▶ Best Healthcare Worker of Kyrgyz Republic
- ▶ Best Teacher of Osh State University
- ▶ Honored Worker of Osh State University
- ▶ Certificate of Honor – Supreme Council of KR

Технологиялар институту, 201-клас				
№	Аты-жину	Тема	Намый жетекчи	Окку жайы
1	Алайчина Ширин	Влияние ферментированных молочных продуктов (кумыса и айрана) на показатели сердечно-сосудистой системы при артериальной гипертензии	Заланба Т.Б. м.н.к., доцент	ОшМУ
2	Dr. Mohd Faizan Siddiqui, MD, Prof. Dr. Roman Kalmatov	Equitable AI in Dermatology: Adapting Melanoma Detection Technologies for Low-Resource Healthcare Systems		ОшМУ
3	Tursunova V.D., Matkasmova G.A., Mamimatu Kavinya Yetka, Thoomathy Maheswaran Kirthana	Determinants and prevalence of urinary tract infections among international medical students in osh, kyrgyzstan		ОшМУ
4	Shaikh Sanjita Banu, Mohammad Azeem	A State-wise and Age-stratified Analysis of Reproductive and Gynecological Health Among Indian Women: Emerging Trends, Barriers, and Public Health Implications	Subanova Gulzhamal Arstanalieva	ОшМУ
5	Нат Абхинек, Исаак Узан, Жумабекова Сыбзат Жумабековна, Дргинек Айтырек Болотжановна	Арттуруу активтуулук дегенелүүдөрү системдө кызыы жүрүүрүүк өз-көлкөнчүүлүктеринин жетүү жана аны сактоо болонча комплекстүү македар (эми жаңалык байконо)	Салына Р.Ш.	ОшМУ
6	Tursunova V.D., Maratov Zh.K., Shaikh Mohammed Saif Shaikh, Mamimatu Kavinya Yetka	Prevalence and symptoms of PCOS among international medical students, Osh, Kyrgyzstan		ОшМУ
7	Абдрамонова Айна Кутбидановна	Аритмия у детей на фоне археденного порока сердца	Кадырзакина С.О. м.н.к., доцент	ЖАМУ
8	Абдумоминова Махмуда Асландановна	Дисфункция имплантируемых внутрисердечных устройств	Кадырзакина С.О. м.н.к., доцент	ЖАМУ
9	Абдылжанова Айнинк Азизбековна	Антибиотики и механизмы их действия	Алмазова К.	ЖАМУ
10	Адабекова Гульбайра (Октуруу)	Новые технологии в эндокринологии		ЖАМУ
11	Кудайарова Мухад	Эхинококкоз печени у детей	Маметов Р.Р.	ОшМУ

## Work experience: (list in chronological order, starting with the most recent position)



OSH STATE UNIVERSITY

- ▶  From September 2025 to the present - Associate Professor of the Department of Obstetrics, Gynecology and Surgery, Faculty of International Medicine, Osh State University.
- ▶  Project expert of the Ministry of Health of the Kyrgyz Republic in 2014-2019.
- ▶  From January 2014 to 2023 - Head of the Department of Obstetrics and Gynecology of the Kyrgyz State Medical Institute named after S. Daniyarov.
- ▶  From January to June 2012 - Acting Associate Professor, Acting Head of the Department of Obstetrics and Gynecology, Faculty of Medicine, Osh State University.
- ▶  From 2010 to the present - Associate Professor of the Department of Obstetrics and Gynecology, Faculty of Medicine, Osh State University.
- ▶  From 2006 to 2009, he was a senior lecturer at the Department of Obstetrics and Gynecology, Faculty of Medicine, Osh State University.
- ▶  From 2003 to 2006, he was a lecturer at the Department of Obstetrics and Gynecology, Faculty of Medicine, Osh State University.
- ▶  1999-2003 – obstetrician-gynecologist, Regional Reproductive Center, Osh city.
- ▶  1994-99 – Obstetrician-gynecologist at Women's Clinic No. 1, Osh city.

# Own developments, scientific works, inventions, publications and patents:



OSH STATE UNIVERSITY

- ▶ Main works:
- ▶ 1. Complex treatment of cervical hyperplasia with microhydrin and "Kara-Shoro" carbonated mineral water. Modern aspects of rehabilitation in medicine / Proceedings of the IV international conference, Yerevan, 2009.-P. 264-267.
- ▶ 2. The frequency of fetal anomalies in pregnant women with anemia in an environmentally unfavorable area (article). Bulletin of Osh State University.-Osh 2009.-No.6.-P.187-190
- ▶ 3. The prevalence of fetal pathology in adverse environmental conditions with increased radiation background (article). Bulletin of Osh State University.-Osh 2009.-P. 15-19
- ▶ 4. Clinical and microscopic characteristics of background diseases of the cervix. Central Asian Medical Journal. Vol. 16, Supplement 3.-2010.P.168-170.
- ▶ 5. The structure of diseases of people who died from tumors in ecologically different regions of southern Kyrgyzstan (article). Medicine of Kyrgyzstan.-2010.-No.7.-P.44-49
- ▶ 6. Cervical pathology. Possibilities of colposcopy (methodical recommendations) – Osh. Publ. "Effect" 2010.-P.58.
- ▶ 7. Outcomes of acute respiratory viral infections and their complications in pregnant women (article). Medicine of Kyrgyzstan - 2011.-No. 7. P. 58-60.

After the defense of the dissertation, 46 scientific and 15 educational and methodological works were published and used in pedagogical practice, including:

- ▶ 8. Problems of endometritis diagnostics (article). // Bulletin of Osh State University, 2016. - No. 4. - P. 94-97. - 3 p./1 p. (co-author)
- ▶ 9. Postoperative peritonitis (article). // Bulletin of Osh State University, 2016. - No. 4. - P. 97-101. - 5 p./3 p. (co-author)
- ▶ 10. The structure of outpatients with cervical pathology in women over 35 years old (article). // Bulletin of Osh State University, 2016. - No. 4. - P. 144-146. - 3 p. (co-author)
- ▶ 11. Practical training in the anatomy of the central nervous system (study guide). – Osh, 2006. – 138 p. -138 p./46 p. (co-author)
- ▶ 12. Isthmic-cervical insufficiency (teaching and methodological guide). – Bishkek, 2014. – 36 p. -36 p./12 p. (co-author)
- ▶ 13. Bacterial vaginosis: diagnosis and treatment (textbook). – Bishkek, 2014. – 23p. -23p./12p. (co-author)
- ▶ 14. Handbook on the methodology for analyzing complications of postpartum hemorrhage and preeclampsia (educational and methodological manual). - Bishkek, 2014. -33 p. -33 p./24 p. (co-author)
- ▶ 15. Treatment of endometritis (article). // Bulletin of Osh State University, 2018. - No. 4. - P. 90-93. - 3 p./1 p. (co-author)
- ▶ 16. Clinical protocol "Safe motherhood" of the Ministry of Health of the Russian Federation (co-author)
- ▶ 17. "Antibacterial properties of electroactivated mineral water of the "Blue Issyk-Kul" sanatorium and Issyk-Kul Lake." // Medicine of Kyrgyzstan. 2014. No. 3-2. // P. 43-45. (co-author)
- ▶ 18. Antibacterial effect of electroactivated mineral water of Cholpon-Ata sanatorium and Issyk-Kul.// Modern medicine: topical issues. 2014. No. 37. P. 56-60. (co-author)

# Main works:



OSH STATE UNIVERSITY

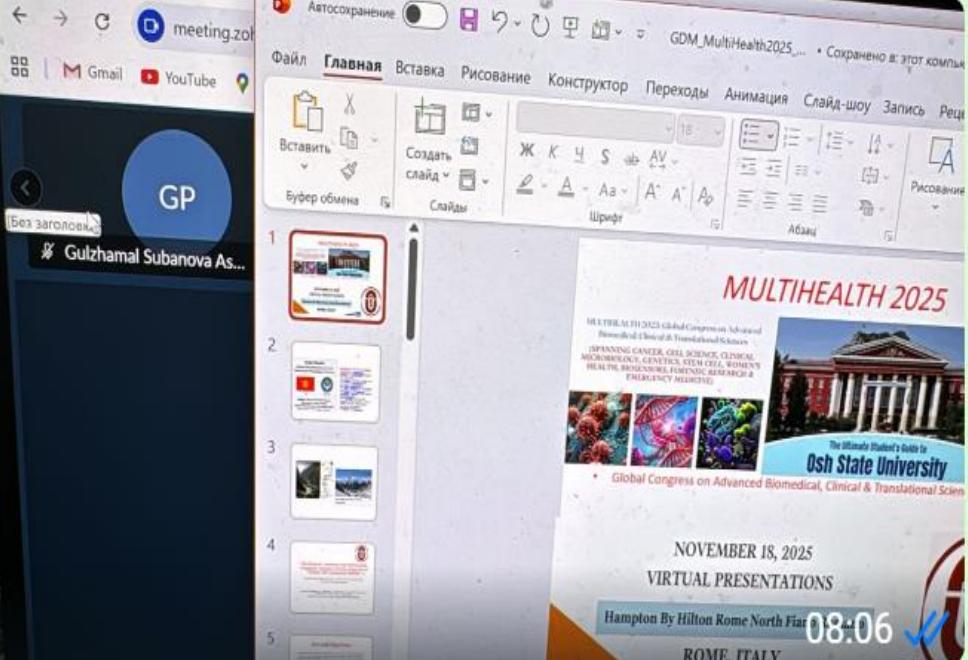
- ▶ 19. Issues of diagnosis of endometritis.// Bulletin of Osh State University. 2016. No. 4. P. 96-99. (co-author)
- ▶ 20. Risk factors for the development of premature birth in the Alai district of Osh region.// Bulletin of Osh State University. 2017. No. 4. P. 15-18. (co-author)
- ▶ 21. Improved methods of treating herpes infections in women.// Bulletin of Osh State University. 2018. No. 1. P. 14-21. (co-author)
- ▶ 22. Safe termination of pregnancy.// Methodological development. Clinical protocol of the Ministry of Health of the Russian Federation. Bishkek. 2020. pp. 1-11. (co-author)
- ▶ 23. Prenatal and postnatal care.// The textbook was published in accordance with Protocol No. 3 dated March 12, 2020. 60-66. (co-author)
- ▶ 24. Prenatal and postnatal care.// Training manual for participants. The manual is reproduced from the protocol No. 3 dated March 12, 2020. Pages 73-97 (co-author)
- ▶ 25. Professional standard of an obstetrician-gynecologist 2022 23-26.05., Bishkek, Ministry of Health of the Kyrgyz Republic
- ▶ 26. The possibility of predicting genital prolapse in women of reproductive age OshMU-2022
- ▶ 27. Article: Clinical effectiveness of conservative treatment of genital prolapse in women of reproductive age 2022 [Welcome@nicstatus.com](http://Welcome@nicstatus.com)
- ▶ 28. Article: Study of clinical conditions leading to complications of childbirth in women in Osh city; Journal Impact Factor
- ▶ Index Copernicus International

# Main works:

- ▶ 31. Educational and methodological guide Postpartum hemorrhage OshMU2021 December
- ▶ 32. Educational and methodological guide Hypertensive disorders
- ▶ During pregnancy December 2021
- ▶ 33. "Postpartum hemorrhage" educational and methodological guide Osh State University - 2022.
- ▶ Educational and methodological manual "Frozen pregnancy" OshMU-2022
- ▶ 34. Educational and methodological manual "OshMU-2022 Women and sexology and sexopathology in the practice of a family doctor"
- ▶ 35. Educational and methodological manual "Antiphospholipid syndrome. (APS) OshMU-2022
- ▶ 36. Pelvic floor muscle weakness in women of reproductive age;<https://doi.org/10/33619/2414-2948/83>
- ▶ 37. Sexual and Reproductive Health in India: An Observational Study 2023 INJRD | Issue 83 March 2023 \ISSN;2456-4184
- ▶ 38. Sexuality and human reproductive health (literature review)

# Main works:

- ▶ 39. Study the impact of socio-economic, environmental, and production factors on reproductive system disorders in women over 35 years of age.
- ▶ 40. Assessment of the influence of environmental factors on reproductive system disorders in women aged 35 years in southern Kyrgyzstan.
- ▶ 41. Algorithm for prevention, treatment and containment of postpartum hemorrhage



<b>12:40 PM – 13:00 PM</b>	<b>SUBHRANIL DAS</b> University of Petroleum and Energy Studies, India <b>Title:</b> Deep Learning-driven Face Recognition: Contempora Approaches and Strategic Advantages in Real-world Applic
<b>LUNCH BREAK (13:00 PM – 14:00 PM)</b>	
<b>14:00 PM – 14:20 PM</b>	<b>SONIA A.W. GBRATTO-DOBE</b> Université Félix Houphouët-Boigny, Ivory Coast <b>Title:</b> Is Mother's Education Essential to Improving the Nut Status of Children Under Five in Côte d'Ivoire?
<b>14:20 AM – 14:40 AM</b>	
<b>14:40 PM – 15:00 PM</b>	<b>MICHAEL MCARDLE</b> Birmingham Heartlands Hospital, United Kingdom <b>Title:</b> The Rectus Sheath Haematoma: An Emerging Trend I Trauma
<b>15:00 PM – 15:20 PM</b>	
<b>15:20 PM – 15:40 PM</b>	<b>LULEJETE PREKAZI</b> European University of Tirana, Albania <b>Title:</b> Human Trafficking Survivors and Key Stakeholders' Perspectives on Reintegration Pathways in Kosovo: A Qual Study
<b>GULJAMAL ARSTANALIEVNA SUBANOVA</b> Osh State University, Kyrgyzstan <b>Title:</b> Biochemical, Laboratory and Instrumental Diagnos Indicators of Early diagnosis of Women with Gestational D	
<b>BERTA AZNAR-MARTÍNEZ</b> Ramon Llull University, Spain <b>Title:</b> Pornography Consumption in Adolescence: A New C for Sexuality Education	



## Main works:



OSH STATE UNIVERSITY

- ▶ 42. Collection of clinical algorithms in obstetrics and gynecology
- ▶ 43. Tailored recommendations for the implementation of assisted reproductive techniques and technologies
- ▶ 44. Abortion
- ▶ 45. Molecular genetic factors of abnormal folliculogenesis in women with PCOS.
- ▶ 46. Sexual and reproductive health in India: observational study
- ▶ 47. Pelvic inflammatory disease in women over 35 years of age
- ▶ 48. Studying the structure of risk factors in preterm birth in pregnant women over 35
- ▶ 49. Biochemical, laboratory and instrumental diagnostic indicators of early diagnosis of women with gestational diabetes
- ▶ 50. Optimizing the work of the sanitary-epidemiological service in the conditions of maternity hospitals
- ▶ 51. Hormonosis-<sup>ת</sup>you<sup>ת</sup>Sexual diseases in women older than 35 years

OF APPRECIATION

Minspace Conferences and the Organizing Committee would like to warmly thank

*Gulzhamal Arstanalieva Subanova*

Osh State University, Kyrgyzstan

for her excellent and impactful virtual oral presentation on  
"Biochemical, Laboratory and Instrumental Diagnostic Indicators of Early diagnosis of Women with  
Gestational Diabetes"  
at the "Multi Health 2025: Global Congress on Advanced Biomedical, Clinical & Translational Sciences"  
held on November 17-18, 2025 in Rome, Italy

*Qian Gao*

Dr. Qian Gao  
Fudan University, China

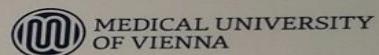
*Ian Freckleton*

Prof. Ian Freckleton  
University of Melbourne, Australia

*Claudia*

Dr. Claudia Mateoiu  
Sahlgrenska University Hospital, Sweden

Сканировано с CamScanner



## CERTIFICATE

The Open Medical Institute and its partner institutions, Weill Cornell Medicine and the Medical University of Vienna, hereby certify that

Gulzhamal SUBANOVA, MD

has successfully attended the Salzburg Weill Cornell Seminar in

**Obstetrics and Gynecology**  
March 3-9, 2024

*dr. Aulitzky*  
Wolfgang Aulitzky, MD  
CEO  
Open Medical Institute

*Stephen T. Chasen*  
Stephen T. Chasen, MD, FACOG  
Course Director  
Weill Cornell Medicine

*Petra Kohlberger*  
Petra Kohlberger, MD, MSc  
Co-Course Director  
Medical University of Vienna



The Open Medical Institute hereby certifies that

**Gulzhamal SUBANOVA, MD**

has attended the

**SALZBURG WEILL CORNELL SEMINAR**

in

**OBSTETRICS AND  
GYNECOLOGY**

(DFP ID 781712)

**MARCH 4-8, 2024**

and successfully fulfilled the requirements for being granted

**34 DFP**

**Continuing Medical Education Credits  
of the Austrian Chamber of Physicians**



Salzburg, March 8, 2024

*dr. Aulitzky*

Wolfgang Aulitzky, MD  
CEO | Open Medical Institute

## УДОСТОВЕРЕНИЕ

О ПОВЫШЕНИИ КВАЛИФИКАЦИИ

771802863075

Документ о квалификации

Регистрационный номер 1960

Город  
Москва

Дата выдачи  
19.07.2024



в объеме  
72 часа

Г.П. Сухан  
Г.П. Сухан  
Г.П. Сухан

Руководитель  
Координатор ООСМ  
Е.М. Хаматзянова

Настоящее удостоверение свидетельствует о том, что

Субанова Гульгамал Арстаналиевна

прошел(а) повышение квалификации в (на)  
ООСМ Федерального Государственного Бюджетного Учреждения  
Национальный медицинский исследовательский центр Акушерства,  
Гинекологии и Перинатологии имени академика В.И. Кулакова Министерства  
здравоохранения Российской Федерации

с 08 июля 2024г.

по 19 июля 2024г.

по дополнительной профессиональной программе

Научно-практического обучающего семинара "Пути снижения  
материнской и младенческой смертности"



# DIPLOMA I DEGREE

SUBANOVA GULGAMAL

CONGRATULATIONS ON YOUR OUTSTANDING ACHIEVEMENT.

Prof. Dr. Erkut ATTAR

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T.C. NO: 16010117483

Prof. Dr. Mushwig  
HASANOV

# 1. Türk Devletleri TIP KONGRESİ (2. Forum)

5 - 8 EYLÜL 2024

YEDİTEPE ÜNİVERSİTESİ

## KATILIM SERTİFİKASI SUBANOVA GULGAMAL

5-8 Eylül 2024 tarihlerinde Yeditepe Üniversitesi'nde düzenlenen  
“Türk Devletleri 1. Tıp Kongresi”ne katılım sağlamıştır.

Prof. Erkut ATTAR, MD.  
Yeditepe Üniversitesi Kadın Doğum Anabilim Dalı Başkanı

Prof. Dr. Canan AYKUT BİNGÖL  
Yeditepe Üniversitesi Rektörü

# 1. Türk Devletleri TIP KONGRESİ (2. Forum)

5 - 8 EYLÜL 2024

YEDİTEPE ÜNİVERSİTESİ

## TEŞEKKÜR BELGESİ SUBANOVA GULGAMAL

Yeditepe Üniversitesi'nde düzenlenen  
“Türk Devletleri 1. Tıp Kongresi”ne göstermiş  
olduğunuz bilimsel katkılarından dolayı teşekkür ederiz.

Prof. Erkut ATTAR, MD.  
Yeditepe Üniversitesi Kadın Doğum Anabilim Dalı Başkanı

Prof. Dr. Canan AYKUT BİNGÖL  
Yeditepe Üniversitesi Rektörü

# Awards received:

- ▶ 2010. Badge of the Kyrgyz Republic "Best in Healthcare"
- ▶ •2010. Best teacher of Osh State University - 2010, I degree diploma
- ▶ •2013. Certificate of Honor of the Kyrgyz Association of Obstetricians, Gynecologists and Neonatologists
- ▶ •2014 Certificate of Honor from Osh State University
- ▶ • 2014 Honorary Diploma of the Ministry of Health of the Kyrgyz Republic
- ▶ • Winner of the "Best Doctor of the Year" nomination from the "Kyrgyz Tuusu" newspaper in 2015
- ▶ • 2017. "Honorary Midwife of the Kyrgyz Republic", badge of the Kyrgyz Association of Obstetricians, Gynecologists and Neonatologists
- ▶ •2018. Osh State University, Faculty of International Medicine, Certificate of Honor

# Awards received:

- ▶ In 2020, the newspaper "Kyrgyz Tuusu" was awarded the "Kyrgyzdyn Kyraan Kyzy" badge for its contribution to increasing the role of women in the growth and development of society in Kyrgyzstan.
- ▶ • 2023. Certificate of Honor of the Osh City Council,
- ▶ • 2024. "Kyrgyz Lady" badge from "Zhetigen" magazine for March 8 - International Women's Day
- ▶ • Badge "Honored Worker of Osh State University" in 2024
- ▶ 2024. Certificate of Honor of the Supreme Council of the Kyrgyz Republic
- ▶ 2025 "Letter of Appreciation" Ministry of Science, Higher Education and Innovation

СУБАНОВА  
ГУЛЖАМАЛ АРСТАНАЛИЕВНА

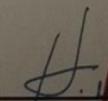
КЫРГЫЗ РЕСПУБЛИКАСЫНЫН  
ЖОГОРКУ КЕҢЕШИНИН АРДАК ГРАМОТАСЫ  
менен сыйлансын

За вклад в социально-экономическое развитие  
Кыргызской Республики, многолетний плодотворный труд,  
а также активную общественную деятельность  
наградить

ПОЧЕТНОЙ ГРАМОТОЙ ЖОГОРКУ КЕҢЕША  
КЫРГЫЗСКОЙ РЕСПУБЛИКИ

СУБАНОВУ  
ГУЛЖАМАЛ АРСТАНАЛИЕВНУ

КЫРГЫЗ РЕСПУБЛИКАСЫНЫН ЖОГОРКУ КЕҢЕШИНИН ТӨРАГАСЫ  
ТОРАГА ЖОГОРКУ КЕҢЕША КЫРГЫЗСКОЙ РЕСПУБЛИКИ



Н. ШАКИЕВ

№ 100 - ОК/АГ

“28” шілдес 2024-ж.г.

г. БИШКЕК ш.



КЫРГЫЗ РЕСПУБЛИКАСЫ

ОШ ШААРДЫК КЕҢЕШИНИН  
АРДАК ГРАМОТАСЫ

Субанова Гулжамал Арстаналиевна

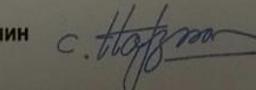
«Замат» медициналык борборунун директору,  
Ош мамлекеттік университетинин Эл аралык медицина факультетинин  
2-клиникалык дисциплина кафедрасынын доценти

Ак ниет әмгеги, жигердүү ишмердиги жана кызмет  
көрсөткөн тармагындагы алтылыктуу аракеттери үчүн,  
2023-жылдын жыйынтыгына карата

сыйланат



Бүйрүк №42 20-декабрь 2023-ж.



С.Назылбеков

2024



ЖЕТИГЕН



ДИПЛОМ

«ЖЕТИГЕН»

Республикалык көп тармагтуу хоомдук журналынын 13 жылдык мадрасасы  
уттарын 8-Март Акадармын заң аралык майрамынын карата

«КЫРГЫЗДЫН МЫРЗАЙЫМЫ»

төш болгиси менен

Ош Мұнун Эл аралык медицина факультетинин оқытуучусу,  
доцент

Түлжамал Субанова



Башынан редактор

Надежда Жунаева



## Кыргыз Республикасынын билим берүү жана илим министрлигі

8

Ош мамлекеттик университети

## Күбөлүк

Бүйрүк № 921-ФХД/24 29.02.2024



Кыргыз Республикасынын Билим берүү жана илим министрлигі  
ОШ МАМЛЕКЕТТИК УНИВЕРСИТЕТИ



Ош мамлекеттік университетінде  
профессорлор жана доценттер арасында өткөрүлгөн  
**"ОшМУнун мықты мугалими-2010"**  
конкурсунун жыйынтығы боюнча  
Акушердик иш жана гинекология  
кафедрасынын доцентti

# Субанова Гүлжамал

# I даражадагы **ДИПЛОМ**

## менен сыйланат



ОшМУнун ректору  
профессор

М. О. Орозбеков

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