

MINISTRY OF SCIENCE, HIGHER EDUCATION AND INNOVATION OF THE KYRGYZ REPUBLIC

OSHSU STATE UNIVERSITY
INTERNATIONAL MEDICAL FACULTY
DEPARTMENT OF SOCIAL AND HUMANITARIAN DISCIPLINES

SYLLABUS

Specialty (Program):	General Medicine (GM)	Course Code:	560001
Language of Instruction:	English	Discipline:	Russian Language
Academic Year:	2025-2026	Credits:	8
Instructor:	Osmonova N.	Semester:	1, 2
E-Mail:	nosmonova196427@gmail.com	Schedule:	OshSU Student
Consultations (time/room):	205, outside class hours	Location (Building/Room):	IMF 2, Room 205
Form of Study:	Full-time	Course Type:	Mandatory

Osh, 2025

1. Course Description

"Russian Language" belongs to the basic part (C1) of the humanitarian, social, and economic cycle in the General Medicine (GM) program (560001). The syllabus is designed for international students who are starting Russian for the first time.

- **Total Hours:** 240 hours (96 practical, 24 SIWT, 120 SIW)
- **Focus:** Basic communicative competence in everyday, academic, and medical contexts.
- **Content:** Lexico-grammatical minimum for simple dialogues with patients, colleagues, and instructors (introductions, complaints, medical history, etc.).

2. Course Objective

Develop basic language skills for everyday, academic, and initial professional communication in Russian, especially in a medical context.

3. Learning Outcomes

Prerequisites:	_____	
Prerequisites:	Clinical practice (assistant to junior staff, patient care, nurse assistant, inpatient doctor assistant, physician assistant)	
Co-requisites:	Kyrgyz Language	
Discipline learning outcomes		
By the end of the course the student		
LO EP	LO of the course	Competencies

<p>LO- 1 – Uses basic knowledge of humanities, natural sciences, and economics in professional work;</p> <p>LO2 –Applies modern communication technologies, including foreign languages, for academic and professional interaction;</p>	<p><u>listening</u></p> <p>LO1 - Understands and uses phrases, expressions, sentences correctly;</p> <p>LO2 – Understands and analyzes main content and details of texts; identifies topic and main idea;</p> <p><u>Reading</u></p> <p>LO3 - places logical stress and pauses correctly;</p> <p>LO4 - Determines topic, main idea, distinguishes primary and secondary information;</p> <p>LO5 - Answers questions on content;</p> <p><u>Speaking</u></p> <p>LO6 - Uses familiar phrases for simple exchanges; observes etiquette;</p> <p>LO7 - Uses minimum professional vocabulary;</p> <p>LO8 - Applies knowledge of communicative function, sentence structure, intonation;</p> <p>LO9 - Conveys content of short texts, describes oneself and daily life;</p> <p>LO10 - Asks/answers questions, expresses opinions, makes requests, responds to proposals;</p>	<p>GC1- Able to analyze socially significant problems and processes using methods of natural sciences, mathematics, and humanities;</p> <p>IC-3- Capable of written and oral communication in state and official languages; able to master a foreign language for professional purposes;</p> <p>SPC-2- Capable of professional communication; able to build interpersonal relationships, work in groups, resolve conflicts constructively, respect social, ethnic, confessional, and cultural differences.</p>
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	LO-11 - Constructs phrases and simple sentences; writes short texts according to communicative tasks.	
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4. Technological chart of the discipline

Number of credits	Total hours	Aud hours	SIW with teacher	SIW	1 M. (25 points)				2 M. (25 points)				Final exam (50 points)	Points
					CC			MT 1	CC			MT		
					Practical.	SIW	SIWT		Practic	SIW	SIWT			
4	120	48	12	60	32	32 hours	6 hours		16 hours	28 hours	6 hours			
Number of points					8	8		10 6.	8points	8 points		9points	50 points	100 points
Results of modules and Mid term					M1=8+8+9=25 points				M2=8+8+9=25 points					P = M1 (25p) + M2 (25p) + IR (50p) = 100 points

5. Calendar and thematic plan of the practical classes (1st semester)

№	Week	Topic name	number of hours	points
1st semester				
Module 1				
1	1	Speech topic: Greetings. Farewell. Grammar topic: Russian alphabet.	2	5
2	1	Introducing yourself. Russian alphabet. Sounds and letters.	2	5
3	2	About yourself. Age. I, me, I am ... years old.	2	5
4	2	Occupation. Who is he? Who is she?	2	5
5	3	Family relations. Who is this? What is this?	2	5
6	3	Family relations. My, mine ... This is my brother.	2	5
7	4	My family. I have ..., I don't have.	2	5
8	4	Parts of the body. This, this (fem.), this (neut.), these.	2	5
9	5	Appearance. What is he like? What is she like? What is it like? What are they like? He is tall. He has a beard.	2	5
10	5	My friend. Personality. Use of adjectives, expressions for evaluation.	2	5
11	6	My friend. Personality. Use of conjunctions "and", "but", "while".	2	5
12	6	Household items. How many? Use of cardinal numbers.	2	5
13	7	Food and drinks. Use of verbs "to eat", "to drink". Instrumental case of nouns with the preposition "with".	2	5
14	7	At the store, café. Giving orders. Making requests. Weigh ..., give ... kilogram(s), liter(s).	2	5
15	8	Time of day. Days of the week. When? In the morning, on Monday, today, on the first day ... Which one? What kind? Use of ordinal numbers.	2	5
16	8	Months. Seasons. In which year, month? Use of prepositions "in", "after", "before".	2	5
Module 1 total: 16 topics × 5 points = 80 ÷ 16 = 5 points → 32 hours, 5 points			32	5
Module 2				
17	9	Daily routine. Future plans. Use of the verb "to be".	2	5

18	10	My room. My home. Near, by, next to, under, above ... Use of verbs “to stand”, “to lie”.	2	5
19	13	The city where I study. Use of adverbs of place “here, there ...”. City tour.	2	5
20	14	Kyrgyzstan. Use of verbs “to live, to love, to speak, to see”. Object of action. Who? What? I see, I love ...	2	5
21	15	Transport. Use of motion verbs “to go – to ride”.	2	5
22	16	Describing routes. Travel by what? Where to? Use of prepositions “to, by”.	2	5
23	17	Osh State University. Using the construction “what is where”. Use of reflexive verbs: study.	2	5
24	18	Weather. Sun – sunny – it is sunny, rain – rainy – it rains ... Feeling well, ...	2	5
Module 2 total: 8 topics × 5 points = 40 ÷ 8 = 5 points → 16 hours, 5 points			16 h.	5
1st Semester total: Module 1 + Module 2 (8 points) = 10 points → 48 hours, 10 points			48 h.	10
2nd semester				
Module 1				
1		Human body (anatomy, organs). Ownership and quantity. Who is absent? What is missing?	2	5
2		Human skeleton. Talking about someone or something. Where? About whom? About what?	2	5
3		Hygiene and disease prevention. Expression of the recipient of action. To whom? To what?	2	5
4		Healthy lifestyle: nutrition, sports, daily routine. Use of verbs “to treat, to be ill”.	2	5
5		In hospital and clinic. Use of adverbs of place “left, right ...”.	2	5
6		Diseases and symptoms. Use of short forms of adjectives.	2	5
7		Common cold. Use of synonyms.	2	5
8		Chronic diseases. Use of antonyms.	2	5
9		Infectious diseases. Use of idioms.	2	5
10		Diagnosis and treatment. Tests, procedures, prescriptions. Imperative mood.	2	5
11		Medicines. Use of the construction: used for what, when ...	2	5
12		At the pharmacy. Doctor’s prescription. Use of particles “not” and “neither” (in negative sentences and fixed expressions).	2	5

	Module 1 total: 12 topics × 5 points = 60 ÷ 12 = 5 points → 24 hours, 5 points	24	5
	Module 2		
13	Medical instruments and equipment. Making sentences with homogeneous parts.	2	5
14	Medical staff and patients. Use of verbs “to work, to do, to help, to practice”. Who? What?	2	5
15	Medical specialties. Instrumental case with verbs “to be, to become, to want”. Use of compound verbs.	2	5
16	At the doctor. Use of verbs “to feel, to complain”.	2	5
17	First aid (cut, burn, injury, calling ambulance). Use of modal verbs (must, can, cannot).	2	5
18	Medical institutions. Use of comparative constructions: “like”, “than”, “the same as ...”.	2	5
19	Medical documentation. Temporal relations. When.	2	5
20	Medical documentation. Purpose of action. To.	2	5
21	Traditional medicine. Expressing cause. Because.	2	5
22	Innovations in medicine. Expressing condition. If.	2	5
23	Medical scientists and their contribution. Use of introductory constructions: “in my opinion”, “I think”, “it seems”.	2	5
24	Revision.	2	5
	Module 2 total: 12 topics × 5 points = 60 ÷ 12 = 5 points → 24 hours, 5 points	24 h.	5
	2nd Semester total: Module 1 (5 points) + Module 2 (5 points) = 10 points → 48 hours, 10 points	48 h.	10

6. Plan of self- independent work

№	Name	Assignment for independent work of a student	Hours	Assessment tools	points	Literature and electronic resources	due dates
1	Greeting, farewell	Compose dialogues 4–6 exchanges; Indicate vowels, consonants, and punctuation marks in the dialogue text using different colours.; role playing;	2	Dialogue	5		2 weeks
2	Resume	<p><u>Writing a resume</u></p> <p>Prepare all the necessary information:</p> <ul style="list-style-type: none"> - Personal information: your first name, last name, contact details. - Education: educational institutions, degrees, specializations, achievements (awards, scholarships). - Work experience: even if you have little experience, include anything that may be useful to an employer (internships, volunteer work). - Professional skills (language skills, computer programs, medical skills). - Scientific publications, research, participation in conferences (if applicable). <p>Write a resume:</p> <ul style="list-style-type: none"> - Choose the appropriate resume format (chronological, functional, combined). - Format your resume according to accepted standards. 	10	role-playing game	5	<p>1. LinkedIn: The largest professional network, where you can find many sample resumes for medical professionals, as well as useful articles and tips.</p> <p>2. Zety: This service offers resume templates that you can adapt to your needs.</p>	10 weeks

		<p>- Highlight your skills and achievements that are most relevant to the situation.</p> <p>Imagine that you are participating in an interview for a position as a doctor at a foreign clinic. Prepare questions and answers using your resume.</p>					
3	My friend	<p>Tasks for developing observation skills and vocabulary:</p> <p>Observation and description:</p> <ul style="list-style-type: none"> - Choose a person in a public place, take a photo (café, park, library) and describe their appearance, clothing, facial expressions, and gestures. - Try to determine their mood and character based on these characteristics. <p>Vocabulary work:</p> <ul style="list-style-type: none"> - Make a list of adjectives you used to describe this person (hair color, eye color, facial features, figure). - Find antonyms for these adjectives. 	10	Message, written work	5	<p>1. Yandex Dictionaries: Provides accurate definitions of words, synonyms, and antonyms.</p> <p>2. Gramota.ru: Helps you understand the intricacies of the Russian language, including choosing the right adjectives.</p> <p>3. Lingvo: A multilingual dictionary that helps you find suitable adjectives in different languages.</p> <p>https://rutube.ru/video/56fc3c026fc298d4972e03da816860ce/</p>	6 weeks
4	Conversation in a store.	<p>Listening:</p> <ul style="list-style-type: none"> - Listen to dialogue #1 and dialogue #2. - Answer the questions orally: - What is the customer buying? - What information is the customer asking the salesperson for? - What recommendation does the salesperson give. 	4	Answers to questions	5	<p>https://yandex.ru/video/preview/10864657113644499125</p>	7 weeks

5	Time. Expression of time.	- Insert the following words and expressions into sentences describing various medical procedures and techniques: every minute, every two hours, in the morning, in the evening, before, after, urgently. Example: The patient must take the medicine every 2 hours. 1. ... before breakfast, the patient should measure their blood pressure. 2. The doctor's appointment will take place 3. ... before the operation, the patient was given anesthesia. 4. ... you need to have a blood test. 5. We value 6. ... skip dinner.	4	Lexical exercise (fill in the blanks)	5	Class materials 8, 9, 10, 11	8 weeks
	1 module	Total for 1 module: 5x5 (topics)=25:5=5 points	32		5		8 weeks
6	“My home.”	1. Preparation: - Make a list of rooms in your house (kitchen, living room, bedroom, etc.). - Choose 5-7 adjectives to describe each room (large, small, bright, dark, cozy, etc.). - Choose 3-5 nouns that describe the items usually found in each room. 2. Writing the description: - Write a detailed description using the words you have prepared. In your description of the house, include: - The size of the room	6	Communication (written and oral)	5	https://vk.com/doc19547126_652856475?hash=3x7UJDngPOYvUYR36hrhIQsbHGycH9vrQbS2IZgLMbX https://rutube.ru/video/56fc3c026fc298d4972e03da816860ce/	11 weeks

		<ul style="list-style-type: none"> - The lighting - The furniture - Interior items - The atmosphere in the room <p>3. Comparison:</p> <ul style="list-style-type: none"> - Compare your house with houses in Osh. Note the similarities and differences. Use the following constructions: <p>My house is bigger than...</p> <p>My house has more light than...</p> <p>My house has..., but this one doesn't have...</p> <p>4. Oral presentation:</p> <ul style="list-style-type: none"> - Prepare a short oral presentation in which you describe both houses and compare them. 				
7	Transportation.	<ul style="list-style-type: none"> - Complete the exercises (you will find the exercises in the methodological guidelines for organizing SRC). - Write a short story about your country. Use the following questions as a plan: <p>Where is your country located?</p> <p>What is the name of the place where you were born and raised?</p> <p>What is the climate like in your country?</p> <p>What holidays are celebrated in your country?</p> <ul style="list-style-type: none"> - Compare your country with Kyrgyzstan. Find similarities and 	4	Lexical and grammatical exercises		17 weeks

		<p>differences, using the appropriate adjectives.</p> <ul style="list-style-type: none"> - Prepare a presentation about your country. Include the information from your story in it. - Create a video about your country and post it on social media. 					
8	“My country.”	<ul style="list-style-type: none"> - Write a short story about your country. Use the following questions as a guide: Where is your country located? What is the name of the place where you were born and raised? What is the climate like in your country? What holidays are celebrated in your country? - Compare your country with Kyrgyzstan. Find similarities and differences, using the appropriate adjectives. - Prepare a presentation about your country. Include the information from your story in it. - Create a video about your country and post it on social media. 	18	Video clip	5	For this assignment, you must find materials on the internet yourself.	18 weeks
	2 module	Total 2 modules: 5x3 (topics)=15:3=5 points	28		5		18 weeks
		1st semester	60				
9	Healthy eating.	<p>Working with vocabulary:</p> <ul style="list-style-type: none"> - Make a list of foods. Examples: fruit, meat, carbonated drinks. 	30	Written work	5	1. https://www.youtube.com/watch?v=URNRhnxz_Ks	

		<ul style="list-style-type: none"> - Divide the foods into two groups: “Can be eaten” and “Cannot be eaten” (or “Should be limited”). - Explain your choices using expressions such as: “This is good for...”, “This contains a lot of...”, “This is bad for...”. <p>Making recommendations:</p> <ul style="list-style-type: none"> - Write a recommendation for healthy eating for people with certain diseases (e.g., diabetes, cardiovascular disease, digestive problems). - Use expressions such as: “It is recommended to eat...”, “It should be avoided...”, “It is important to remember that...”. 				2. Online dictionaries	
		2nd semester	60				
		Total:	120				

7. SIW with the teacher Organisation Plan

No.	Assignment Topic	Form of SRSP	Hours	Form of Assessment	Educational Resources	Venue	Deadline
1	Use of ordinal Numbers	Completion of grammar Exercises	6	Written work on transformation of Adjectives (change of gender)	https://yandex.ru/video/preview/7097272195471472244 https://yandex.ru/video/preview/7796966135340382608	IMF 2, room 205	7,8 weeks in Module 1

2	Osh State University	Composing a short narrative	6	Oral report	https://www.oshsu.kg/ru	IMF 2, room 205	16,17 weeks in Module 2
	1st Semester		12				
3	Medical terminology	Compiling Glossaries of synonyms and antonyms of Medical terms	6	Vocabulary presentation		IMF 2, room 205	3,4
4	At the Doctor's Appointment	Creating a dialogue (patient reception, description of symptoms, prescribing treatment)	6	Roleplay Patient- Doctor		IMF 2, room 205	4,5,6
	2nd Semester		12				
	Total		24				

8. Course Policies

1. Instructors and students must treat each other with respect;
2. Class attendance is mandatory, and no tardiness is permitted. Attendance will be recorded for every class, but excused absences are permitted; make-up is possible for classes missed with a valid reason;
3. Do not chew gum during class;
4. Cell phone use must be muted during class;
5. Wear business attire to class;

6. All assignments must be completed on time; late assignments will not be accepted (assignments may be submitted early);
7. Students must arrive prepared for class and actively participate in the discussion of the material covered;
8. Provide constructive feedback in all classes;
9. The academic conduct and ethics, retake, and appeals policies must comply with the university's internal regulations.

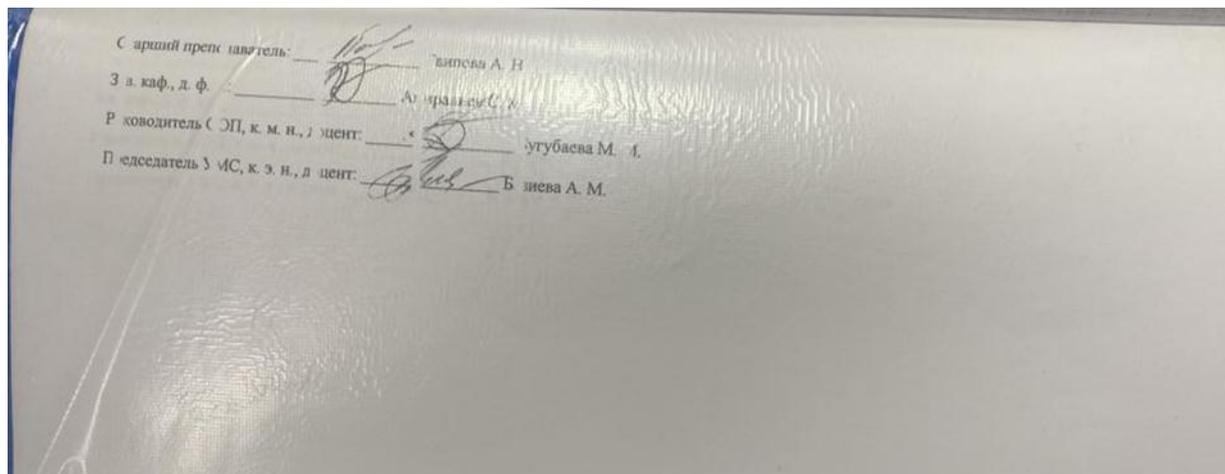
The schedule of consultations and the teacher's office hours for individual consultations and independent work will be sent to students via WhatsApp groups.

Educational resources

<p>Electronic resources</p>	<p>Online courses on Coursera, edX, and Udey: These platforms offer a variety of Russian language courses, including specialized programs for medical professionals.</p> <p>LearnRussian.ru: A popular website for learning Russian, offering a wide range of materials from beginner to advanced levels.</p> <p>RussianPod101: Another excellent resource with a large number of audio lessons and videos.</p> <p>Memrise: A word and phrase memorization app that can be used to learn medical terminology.</p> <p>Online Dictionaries: Provides precise definitions, synonyms, and antonyms.</p> <p>Gramota.ru: Helps you understand the intricacies of the Russian language, including choosing the right adjectives.</p> <p>Lingvo: A multilingual dictionary that helps you find suitable adjectives in different languages.</p>
<p>Electronic textbooks and teaching aids</p>	<p>1. Textbook / Mikhaleva E. V., Mayer A. K., Fritzler A. A., et al. Tomsk Polytechnic University. - Tomsk: Publishing house of Tomsk Polytechnic University, 2011. - 378 p.</p> <p>https://tpu.ru/4D6963726F736F667420576F7264202D202BCCCC8D5C0CBC5C2C05FCCC0C9C5D05FD4D0C8D6CBC5D020E820E4F05FD2C8D2D3CB2E646F63</p>

	<p>2. Collection of exercises for independent and classroom work in Russian for 1st-year foreign students of the Faculty of Mathematics and Mechanics of Osh State University / Arzymatova Zh. E., Ysmailova R. A., Kochkonbaeva S. I. Osh-2018.</p>
<p>Textbooks (library) and teaching aids</p>	<p>Russian for Foreigners. Akhmedova F. V., Omorkulova M. B., Omorkulov B. K. Osh – 2021. https://yandex.ru/images/search?lr=10310&serp_list_type=all&source=serp&stype=image&text=%D0%9E%20%D1%81%D0%B5%D0%B1%D0%B5.%20%D0%AF%2C%20%D0%BC%D0%B5%D0%BD%D1%8F%2C%20%D0%BC%D0%BD%D0%B5%20%E2%80%A6%20%D0%BB%D0%B5%D1%82%2C%20%D0%B3%D0%BE%D0%B4%2C%20%D0%B3%D0%BE%D0%B4%D0%B0.%20%D0%A0%D0%9A%D0%98</p>

The syllabus was compiled by the faculty of the Russian Language Section.



9. Educational Resources

Online courses: Coursera, edX, Udemy

LearnRussian.ru, RussianPod101, Memrise

Online dictionaries: Gramota.ru, Lingvo, Yandex

Textbooks & manuals:

Mikhaleva E.V., Mayer A.K., Fritzler A.A. et al., Tomsk Polytechnic University, 2011

Arzymatova Zh.E., Ysmailova R.A., Kochkonbaeva S.I., Russian for foreign students, Osh, 2018

Ahmedova F.V., Omorkulova M.B., Omorkulov B.K., Russian for foreign students, Osh, 2021