

OBSTETRICS AND GYNECOLOGY

PRACTICAL SKILL DEMONSTRATION

QUESTION NO. 1

DEMONSTRATE OBSTETRIC EXAMINATION TECHNIQUES

1. **Abdominal Examination in Pregnancy (Leopold's Maneuvers)**
 - Fundal grip
 - Lateral grip
 - Pawlik's grip
 - Pelvic grip
2. **Measurement of Fundal Height**
3. **Assessment of Fetal Heart Rate (using Doppler/Pinard stethoscope)**
4. **Assessment of Pelvic Adequacy (on pelvic model)**

NOTE: Student must demonstrate the procedure step by step on a model and explain findings.

QUESTION NO. 2

DEMONSTRATE GYNECOLOGICAL EXAMINATION PROCEDURES

1. **Per Speculum Examination**
 - Proper positioning
 - Insertion technique
 - Identification of cervix
 - Collection of Pap smear
2. **Bimanual Pelvic Examination**
 - Assessment of uterus size and position
 - Adnexal examination
3. **Breast Examination**
 - Inspection
 - Palpation
 - Lymph node examination

NOTE: Student must explain indications, contraindications, and demonstrate correct technique.

QUESTION NO. 3

IDENTIFY OBSTETRIC AND GYNECOLOGICAL INSTRUMENTS AND THEIR USES

1. Cusco's speculum
2. Sim's speculum
3. Vulsellum forceps
4. Sponge holding forceps
5. Uterine sound
6. Hegar dilators
7. Endometrial curette
8. Ovum forceps
9. Episiotomy scissors
10. Obstetric forceps
11. Vacuum extractor (Ventouse)
12. Pinard stethoscope
13. Fetal Doppler
14. MVA syringe (Manual Vacuum Aspiration)
15. IUCD insertion kit

NOTE: Student must identify the instrument, hold it properly, and explain its clinical use.

QUESTION NO. 4

EMERGENCY OBSTETRIC SKILL DEMONSTRATION

1. Active management of third stage of labor (AMTSL)
2. Management of postpartum hemorrhage (PPH)
3. Neonatal resuscitation (basic steps)
4. Preparation for Cesarean section (instrument tray identification)

NOTE: Student must explain indication, steps, and possible complications.