

MINISTRY OF EDUCATION AND SCIENCE OF THE KYRGYZ REPUBLIC
OSH STATE UNIVERSITY
Institute of Pedagogy, Arts and Journalism
Department of General Psychology

EDUCAION PROGRAMM
(Syllabus)

Specialty (field)	Mathematics, Computer Science	Course code	IMFTiIT. 550200.
Language of instruction	Russian/English	Discipline	Psychology
Academic year	2025-2026	Number of credits	4
Teacher	Sagynbaev E.K.	Semester	2
E-Mail	es.osh.youth@gmail.com	Schedule for the OshSU Student app	Fr. 1 subject Fr. 2 subject
Consultations (time/audience)	Tuesday, room 205, 15:00 pm - 17:00 pm	Place (building/room)	Osh State University
Form of study (full-time/part-time/evening/distance learning)	Daytime	Course type: (compulsory/elective)	required

Program Manager _____
 (signature)

Course Description: The course "Psychology" is a core component of the professional disciplines cycle, providing theoretical and practical training for bachelors in the field of teaching. This course draws on disciplines in the humanities and social sciences, such as "Pedagogy," "Personality Psychology," and "Developmental and Educational Psychology."

The objective of the course is to provide students with knowledge of the basic concepts, principles, and theoretical foundations of psychological science, to develop skills in teaching, critically assess the experience of applying psychological knowledge in various life situations, and to apply psychological knowledge in professional activities and to develop social and personal qualities.

Prerequisites	- The study of this discipline is based on the disciplines of the humanities, social and natural sciences cycle "Pedagogy", "Psychology", "Psychology of personality" and scientific periodicals.	
Postrequisites	The main provisions of the discipline should be used in the future when studying the discipline "Age and Educational Psychology", "Psychology of Communication", educational and industrial work in the profile of preparation for professional internship.	
Co-requisites (if necessary)		
Learning outcomes of the discipline		
By the end of the course the student:		
RO (learning outcome) of the General educational programm	Learning outcomes disciplines	Competencies
<p>LO-3 - Able to generate ideas and think critically, integrate and analyze other points of view, think reasonably and constructively in a professional environment, demonstrate self-control, psychological stability and research skills in non-standard business conditions</p> <p>LO -8 - is ready to use psychological and pedagogical knowledge to solve professional problems, has knowledge of methods for solving methodological problems, and is able to</p>	<p>Know and understand (be able to explain and interpret):</p> <ul style="list-style-type: none"> - the main categories and concepts of psychological science describing the cognitive, emotional-volitional, motivational, and regulatory spheres of the psyche, problems of personality, thinking, communication and activity, education, and self-development; - the basic functions of the psyche; - contemporary problems of psychology; <p>be able to:</p> <ul style="list-style-type: none"> - analyze professional and educational problem situations; - organize professional communication and interaction, 	<p>PC-1 is ready to use psychological and pedagogical knowledge to solve professional problems and is able to use the results of pedagogical research in professional activities;</p> <p>PC-2 has knowledge of methods for solving methodological problems (models, methods, technologies and teaching techniques) and is able to apply technologies for assessing the quality of education;</p>

apply technologies for assessing the quality of education	individual and joint decision-making, reflection; - diagnose individual psychological and personality characteristics of people, their cognitive and professional activity styles Master: the fundamentals of conducting scientific research; techniques of scientific and specialized oral and written speech	

Recommended technological map for two modules within one semester (M1+M2)

Discipline	Credit	Audi hours	IWS	1 module (25 score)			2 module (25 score)			Exam (50 score)	
				Audi hours	IWS/ IWST	BC (r)	Audi hours	IWS/ IWST	BC (r)	FK (E)	
		40%	60%	lecture	sem		lecture	sem.			
ПЦ	4	48	72	10	14	30/6	10	14	30/6		
ООЦ	4	48		14	10	30/6	14	10	30/6		
Points accumulation card				4	4	8	9	4	4	8	9
Module and exam results				(M=tcp+r+s) до 25/25			(M=tcp+r+s) до 25/25 Rдоп.=M1+M2(30-50)			50	
Final assessment				I=Rдоп.+E						100	

Calendar and thematic plan of lectures and seminars (practical, laboratory) classes

№	Topic Title	Number of hours				Week	Literature
		Lec	Points	Practice	Points		
1-модуль							
1	Subject, objectives and methods of psychology	2	0,6	2	0,6	30/01 30/01	4,5,6
2	Psychology of personality and interpersonal relationships	2	0,6	2	0,6	06/02 06/02	3,4,5,6

3	Cognitive processes (attention, sensation, perception)	4	0,8	2	0,8	13/02 13/02	4,5,6
CC-1	Average accumulated points		2		2		
	Finality CC1	8		8			
4	Memory, thinking, imagination	4	1	2	1	20/02 20/02	4,5,6
5	Emotion and feelings	4	1	2	1	27/02 27/02	4,5,6
CC-2	Average accumulated points	4	2	6	2		
	Finality CC-2	12	4	14	4		
2-module							
6	Individual-typological personality traits (temperament, character, ability).	2	1	2	1	06/03 06/03	4,5,6
7	Communication is the exchange of information, interaction and mutual understanding between people.	4	1	2	1	13/03 13/03	1,2,3
CC-3	Average accumulated points	6	2	8	2		
	Finality CC-3						
8	Psychology of social groups	2	1	2	1,4	21/10 25/10	1,2,3
9	The process of socialization and social attitude	2	1	2	1,4	28/10 01/11	1,2,3
10	Current problems and prospects in social psychology.	2	1	2	1,2	04/11 08/11	1,2,3
CC-4	Average accumulated points	6	2	6	2		
	Finality CC-4	10	4	14	4		
	Total:	28	8	20	8		

Organization plan IWST

№	Topic	Task for IWS	Hours	Evaluation tools	Points	Literature	Deadline
1.	Introduction to Psychology	1. What is the subject of psychology? 3. What are the challenges facing modern psychology?	2	Differentiated testing	1	4,5,6	08/10
2.	Development of the psyche into consciousness	1. Basic scientific principles of studying the psyche. 2. What are the functions of the psyche? 3. Consciousness and unconsciousness	2	Differentiated testing	1	4,5,6	15/10
3	Personality and interpersonal relationships	Solving interpersonal situational problems.	2	Differentiated testing	1,5	3,4,5,6	22/10

1 module Deadline for submission							29/10
IWST-2 Average accumulated points							
4	Cognitive processes (attention, sensation, perception, etc.)	1. Solutions to problems 2. Memory tests	2	Differentiated testing	1,5	4,5,6	5/11
5	Emotion and feelings	1. Research of emotional-volitional states	2	Differentiated testing	1,5	4,5,6	12/11
6	Psychology of social groups	A study of relationships between groups of students in a classroom	2	Differentiated testing	1,5	3,4,5,6	19/11
Deadline for submission							24/12
2 module IWST-2 Average accumulated points					8		

Organization plan IWS (60 hours)

No	Topic	Task for IWS	Hours	Evaluation tools	Poi nts	Literatu re site link	Deadl ine
1	Introduction to Psychology Methods of Psychology	Video lesson project	6	Differential test work	0,5	4,5,6	14.10-19.10
2	Cognitive processes	Video lesson project	6	Differential test work	0,5	4,5,6	14.10-19.10
3	Personality structure.	Video lesson project	6	Differential test work	1	4,5,6	14.10-19.10
4	Emotional and volitional states of a person	Video lesson project	6	Differential test work	1	4,5,6	14.10-19.10
5	Interpersonal communication	Video lesson project	6	Differential test work	1	1,2,3,4,5,6	14.10-19.10
1 module IWS 1 Average accumulated points					4		
6	Temperament Character Ability	Video lesson project	6	Differential test work	1	4,5,6	16.12-25.12
7	Social and psychological aspect of the team	Video lesson project	6	Differential test work	0,5	1,2,3,4,	16.12-25.12
8	Psychology of small and large social groups	Video lesson project	6	Differential test work	1	1,2,3,4,	16.12-25.12
9	The process of socialization and social attitude	Video lesson project	6	Differential test work	1	1,2,3,4,	16.12-25.12
10	Psychology of family relationships	Video lesson project	6	Differential test work	0,5	1,2,3,	16.12-25.12

2 module IWS 2 Average accumulated points	4		
Total	8		

Course Policy

Basic requirements for course components and its study:

- Students must attend classes and actively participate in group work during independent self-assessment (ISS) and independent work (ISW) and lab sessions;
- During lectures, take notes on lecture content, listen carefully, and maintain discipline;
- During practical classes, it is important not only to speak but also to listen attentively to your fellow students, evaluate their responses, and record new information;
- Be on time and enter the classroom before the bell rings;
- Turn off cell phones;
- Do not interrupt the instructor or your fellow students during conversations or lectures;
- Adhere to deadlines;
- When using AI, provide references and analyze the material;
- Academic integrity: all completed work must be original and independently created. Система

оценки

Academic Honesty Declaration: Students taking this course are required to submit a declaration pledging their adherence to the university's academic integrity policy. Regulation "Organization of the Educational Process at Osh State University" A-2024-0001, 2024.01.03.2024

The points for the course consist of (100 points):

Control names	Points
CC 1	4
CC 2	4
IWST+IWS	8
BC 1	9
I Module (M 1)	25
CC 3	4
CC 4	4
IWST+IWS	8
BC 2	9
II Module (M 2)	25
Exam (50 б)	
FE=(M1+M2+Э) 50	100

Educational resources

(Please use the full link and indicate where the texts/materials can be accessed)

Electronic resources	<p>(http://biblio.narod.ru/gyrnal/vek/sod_vse_tabl.htm – The Age of Education website http://www.alledu.ru/about – Portal "All Education" http://elibrary.ru/defaultx.asp – Scientific Electronic Library http://www.ed.gov.ru – Official website of the Ministry of Education and Science http://www.twirpx.com – Официальный сайт для студентов</p>
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Electronic textbooks	<ol style="list-style-type: none"> 1. Andreeva, G.M. Social Psychology: A Textbook for Higher Education Institutions. Moscow: Aspect Press, 2000, pp. 274-287. 2. Maklakov, A.G. General Psychology. Moscow: Piter, 2005, 582 pages. 3. Psychology at School. Moscow, 2018, nos. 1 and 2
Practical physical resources	Multimedia projector, personal computer.
Special software	1. http://www.koob.ru/cat/
Textbooks (library)	<ol style="list-style-type: none"> 1. Krys'ko V.G. Social Psychology: Textbook for Universities. - Moscow, 2002. 2. Social Psychology: Reader: Textbook for University Students / Comp. E.P. Belinskaya, O.A. Tikhomandritskaya. - Moscow: Aspect Press, 2000. 3. Social Psychology of Personality in Questions and Answers: Textbook / Ed. by prof. V.A. Labunskaya. - Moscow: Gardariki, 2001. 4. General Psychology / Ed. by A.V. Petrovsky - Moscow: Prosveshchenie, 1973. 5. Slobodchikov V.I. Isaev E.I. Human Psychology. Moscow, 1995 6. Nemov R.S. Psychology: Textbook. – In 3 volumes. – M., 1999.