

**MINISTRY OF EDUCATION AND SCIENCE OF THE KYRGYZ REPUBLIC
OSH STATE UNIVERSITY
INTERNATIONAL MEDICAL FACULTY**

Department of Social-Humanitarian Disciplines

SYLLABUS

in the discipline: «History and culture of Kyrgyzstan»

for students studying in the following areas:

"560001-General Medicine (GM) »

Specialty (direction)	General Medicine (GM)	Course code	560001
Language of instruction	English language	Discipline	«History and culture of Kyrgyzstan»
Academic year	2025-2026	Number of credits	3 credits
Instructors of the discipline	Adylbekova Bekzada Uzakbaevna	Midterm	II
E-Mail	badylbekova@oshsu.kg	Schedule for the application “OshSU Student”	
Consultations (time/room)	8:00-17:00	Place(time/room)	IMF2, 211rooms
Form of study (daytime)	Daytime	Course type: (compulsory)	Compulsory

Osh, 2025

Goal of the course

The purpose of studying the discipline “History of Kyrgyzstan” is for students to study scientific knowledge about society, its development, patterns of development of the international historical process, based on historical materials in the history of the Kyrgyz people, interpretation of historical facts and their significance. By analyzing historical events, we can learn lessons and avoid repeating the mistakes of the past. History teaches us to value peace, democracy and other values.

Prerequisites	The study of this discipline is based on the disciplines of the humanitarian, social and economic cycle such as “World history”, “Philosophy”	
Post-requisites	“Legal basis of the activity of a doctor”, “Pedagogical basis of the activity of a doctor” “Public service”	
Co-details (if necessary)	Archaeology, Ethnography, Linguistics, Philosophy and Religion, Political Science, Economics, Geography.	
Discipline learning results		
By the end of the course the student:		
RO (learning outcome) OOP	RO discipline	Competencies
<p>RO 1. Able to use basic knowledge of humanitarian, natural science, and economic disciplines in professional work</p> <p>PO2 – Able to use modern communication technologies, including in a foreign language, for academic and professional interactionУК-5. Способен анализировать и учитывать разнообразие культур в процессе межкультурного взаимодействия</p>	<p>Know:</p> <ul style="list-style-type: none"> - patterns and stages of the historical process, main events and processes in the history of Kyrgyzstan; be able to: -express and justify their position on issues related to the value attitude towards the historical past; - navigate the world historical process, analyze processes and phenomena occurring in society; <p>Own:</p> <ul style="list-style-type: none"> - Historical terms, knowledge of the chronological sequence of events, expressing your thoughts, debating skills. 	<p>OK-2 - capable and ready to analyze significant political events and trends, to mastery of the basic concepts and patterns of the world historical process, respectful and careful attitude towards historical heritage and traditions, assessment of state policy, for the formation of a civic position;</p> <p>SLK-2 - capable and ready to master the techniques of professional communication; build interpersonal relationships, working in a group, constructively resolving conflicts situations, tolerantly perceive social, ethnic, religious and cultural differences;</p>

Plan of lectures and seminars

№	Week Topic title	Number of hours		№	Seminar sessions	Number of hours		
		Hours	Points			Hours	Points	
1- module								
1	1	Lecture 1. INTRODUCTION Prehistory (1 million years ago — 1000 BC) 1.1. Stone Age (1 million years ago — 4000 BC) 1.2. Bronze Age (2000 BC – 1000 BC) https://drive.google.com/file/d/1z3BC1wfmMWmJluvsmhYIFxXdMyPNd4ze/view?usp=drive_link https://drive.google.com/file/d/1-H45dLdTXip9k3Ok2T9UMPiD5huJ2eBd/view?usp=sharing	2	4	1.	Seminar 1 Kyrgyzstan in the ancient period 1. Primitive society on the territory of Kyrgyzstan. 2. Stone Age (1 million years ago — 4000 BC) 3.. Bronze Age (2000 BC – 1000 BC) https://drive.google.com/file/d/1ALiK6-3Dv6QpuNsZGxuzz_HLFx9J1mvi/view?usp=drivesdk	2	4
2	2	Lecture 2 Ancient history (1000 BC – 300 AD) 2.1. Saka Tribal Confederation (1000 BC – 100 BC) 2.2. Wusun State (100 BC – 300 AD) 2.3. Davan State (100 BC – 300 AD) 2.4. Ancient Kyrgyz State (200 — 100 BC) https://docs.google.com/videos/d/1_qil96LYhuR7IoqeKEwn9-gC8n2ewVSZWEg9jIX7NE/edit?usp=drive_link	2	4	2.	Seminar 2 Ancient history and culture of Kyrgyzstan (1000 BC – 300 AD) 1. Ancient tribes and states on the territory of Kyrgyzstan. 2. The Xiongnu Empire and the ancient Kyrgyz.	2	4
3	3	Lecture 3 Turkic era (500–1200)	2	4	3.	Seminar 3 Turkic era (500–	2	4

		<p>3.1. Turkic Kaganate (552–744)</p> <p>3.2. Turgesh Kaganate (700–740)</p> <p>3.3. Karluk Kaganate (700–900)</p> <p>3.4. Yenisei Kyrgyz Kaganate (600–1200)</p> <p>3.5. Qarakhanid Kaganate (900–1200)</p> <p>https://youtu.be/rUCyUyO5OM4?feature=shared</p>				<p>1200)</p> <p>political system, economy and culture of the Yenisei Kaganate and the Kyrgyz “Great Power”;</p> <p>Practical lesson: Field visit to the museum.</p> <p>Familiarization with historical exhibits, discussion, and reinforcement of lecture material.</p>		
4	4	<p>Lecture 4</p> <p>Mongol rule (1200–1500)</p> <p>4.1. Mongol Empire (1200–1300)</p> <p>4.2. Chaghatay Ulus (1200–1300)</p> <p>4.3. Qaidu State (1200–1300)</p> <p>4.4. Mogolistan (1300–1500)</p> <p>4.5. Empire of Timur (1300–1500)</p> <p>https://drive.google.com/file/d/1vOvgJ05oU7MCPSITgbFtANulyd5pB07b/view?usp=drivesdk</p> <p>https://youtu.be/wUVvTqvjUaM</p>	2	4	4.	<p>Seminar 4</p> <p>Mongol rule (1200–1500)</p> <p>political system, economy and culture Qaidu State (1200–1300)</p> <p>4.4. Mogolistan (1300–1500)</p> <p>4.5. Empire of Timur (1300–1500)</p> <p>Practical lesson: Field visit to the museum.</p> <p>Familiarization with historical exhibits, discussion, and reinforcement of lecture material.</p>	2	4
5	5	<p>Lecture 5</p> <p>Kyrgyz consolidation (1400–1800)</p> <p>5.1. Formation of the Kyrgyz (1400–1500)</p> <p>5.2. Jungars and Chinese (1400–1700)</p> <p>5.3. Koqand Khanate (1710–1876)</p> <p>https://drive.google.com/file/d/1Z0IQOFseOO9R Rv9E-3gDXZx6O4Jt5n1/view?usp=drivesdk</p>	2	4	5	<p>Seminar 5</p> <p>Kyrgyz consolidation. Russian rule (1400–1936).</p> <p>5.1. Jungars and Chinese (1400–1700)</p> <p>5.2. Koqand Khanate (1710–1876)</p> <p>5.3. Kyrgyz Rebellions against Russian Colonization</p> <p>5.4. Soviet rule (1918–1936)</p>	2	4
6	6	<p>Lecture 6</p> <p>Russian rule (1860–</p>	2	4	6.	<p>Seminar6</p>	2	4

		<p>1917).</p> <p>61. Russian Colonization of Kyrgyzstan and Central Asia</p> <p>6.2. Turkestan Governorate General</p> <p>6.3. Kyrgyz Rebellions against Russian Colonization</p> <p>https://youtu.be/OeQqZOSFjgA</p>				<p>Development of culture of Kyrgyzstan during the Great Patriotic War Great Patriotic War (1941–1945)</p> <p>8.2. Khrushchev Period (1953–1964)</p> <p>8.3. Brezhnev Period (1964–1982) 8.4. Perestroika (1985–1991)</p>		
7	7	<p>Lecture 7 Soviet rule (1918–1936)</p> <p>7.1 Revolutions and Civil War (1917–1920)</p> <p>7.2. Socio-Economic Reforms in the 1920–30s.</p> <p>7.3. Kyrgyz Soviet Statehood (1924–1936)</p> <p>https://youtu.be/u4tVqtMyJ1c</p>	2	4	7.	<p>Seminar7 Sovereign Kyrgyzstan.</p> <p>1. Development of political and external economic and social relations</p> <p>2. Socio-economic and political situation in the Republic.</p>	2	4
8	8	<p>Lecture 8 Soviet rule (1941-1991)</p> <p>8.1. Great Patriotic War (1941–1945)</p> <p>8.2. Khrushchev Period (1953–1964)</p> <p>8.3. Brezhnev Period (1964–1982) 8.4. Perestroika (1985–1991)</p> <p>https://drive.google.com/file/d/1xKpTlvchK8H9F5cTxCMCSBGvsh4KfDFF/view?usp=drivesdk</p> <p>https://drive.google.com/file/d/12ubC2-mHJeKJB0c4hqJ_2hQ0wRlwkg0/view?usp=drivesdk</p> <p>https://youtu.be/dZvVEYiqtpo</p>	2	4				
9	9	<p>Lecture 9 Kyrgyzstan during the years of independence.</p> <p>9. 1. Collapse of the</p>	2	4				

		USSR. Formation of the Commonwealth of Independent States (CIS). 9. 2.Declaration of Independence of Kyrgyzstan. Creation of legal foundations for state independence. Problems of political and socio-economic development. https://youtu.be/QxmYRi3AhsM https://youtu.be/AJq8gzpKOsA						
10	10	Lecture 10 Socio-economic and spiritual life of sovereign Kyrgyzstan 10. 1.Priority directions of foreign policy of Kyrgyzstan. 10.2.Culture of sovereign Kyrgyzstan.	2	4				
		Lecture 11 Foreign policy and international relations of the sovereign Kyrgyzstana 1.Development of political and external economic and social relations 2. Socio-economic and political situation in the Republic. https://youtu.be/YOyaGhX0cU	2	4				

Independent work of students (SIW)

№	Topic	Tasks for the SIW	hour	Forms of control	Points	Lit-re	Date
1.	Topic1. Introduction to the history of the Fatherland.	Kyrgyzstan as a part of world history The main	2	<i>report</i>	8	1.Asankanov A.A., Bedelbaevzh.b. Kyrgyz Republic of the Antary. - B., 2000.	September

		problems of the history of Kyrgyzstan . Stages and periodization				2.Asankanov A.A. History of Kyrgyzstan. - B., 2009. 3. O.Osmonov and Ch. Turdalieva A History of Kyrgyzstan (from Stone Age to the present) bishkek 2016	
2.	Topic2. Kyrgyzstan in the ancient period.	Saki. Usuni. The Hun Empire. Davan State.	2	<i>abstract</i>	8	O.Osmonov and Ch. Turdalieva A History of Kyrgyzstan (from Stone Age to the present) bishkek 2016	September
3	Topic3. Kyrgyzstan in the Turkic period.	The Western Turkic Khaganate. Tyurgesh Khaganate. Karluki.	2	<i>presentation</i>	8	O.Osmonov and Ch. Turdalieva A History of Kyrgyzstan (from Stone Age to the present) bishkek 2016	September
4	Topic 4. Kyrgyz State on the Yenisei River.	The culture of the Kyrgyz of the Yenisei: writing, economy, customs.	3	<i>report</i>	8	1.Baktygulov J.S., Mombekova J.K. The history of the Kyrgyz and 2. O.Osmonov and Ch. Turdalieva A History of Kyrgyzstan (from Stone Age to the present) bishkek 2016	September
5	Topic 5. State on the territory of Kyrgyzstan of the X-XIIcenturies.	Culture of the Karakhanid period	4	<i>abstract</i>	8	1. O.Osmonov and Ch. Turdalieva A History of Kyrgyzstan (from Stone Age to the present) bishkek 2016	September
6	Topic 6. Kyrgyzstan in the era of the Mongol Empire.	Genghis Khan and his conquests. State Mogolistan.	2	<i>abstract</i>	8	O.Osmonov and Ch. Turdalieva A History of Kyrgyzstan (from Stone Age to the present) bishkek 2016	September

7	Topic 7. Ethnic processes and formation of the Kyrgyz nation.	Tribal structure of the Kyrgyz people.	2	<i>report</i>	8	O.Osmonov and Ch. Turdalieva A History of Kyrgyzstan (from Stone Age to the present) bishkek 2016	September
8	Topic 8. Culture of Kyrgyzstan VI-early XX centuries	Scientific research in Kyrgyzstan.	2	<i>report</i>	8	O.Osmonov and Ch. Turdalieva A History of Kyrgyzstan (from Stone Age to the present) bishkek 2016	September
9	Topic 9. Kyrgyzstan as a part of The Kokand Khanate.	Popular movements in the Kokand Khanate. The uprising of 1873-1876 under the leadership of Pulat Khan.	4	<i>presentation</i>	8	.O.Osmonov and Ch. Turdalieva A History of Kyrgyzstan (from Stone Age to the present) bishkek 2016	October
10	Topic 10. Kyrgyzstan as part of the Russian Empire	Stages of the conquest of Kyrgyzstan.	4	<i>report</i>	8	O.Osmonov and Ch. Turdalieva A History of Kyrgyzstan (from Stone Age to the present) bishkek 2016	October
11	Topic 11. Establishment of Soviet power in Kyrgyzstan. The Civil War.	The Civil War: the Basmach movement and the Kulak revolts.	2	<i>abstract</i>	8	O.Osmonov and Ch. Turdalieva A History of Kyrgyzstan (from Stone Age to the present) bishkek 2016	October
12	Topic 12. Formation and development of national Soviet statehood and the totalitarian regime	Strengthening of the totalitarian regime, Mass repressions.	2	<i>presentation</i>	8	O.Osmonov and Ch. Turdalieva A History of Kyrgyzstan (from Stone Age to the present) bishkek 2016	October
13	Topic 13. Kyrgyzstan during the Great Patriotic War . (1941-1945).	Industry and agriculture of Kyrgyzstan during the war years.	4	<i>report</i>	8	O.Osmonov and Ch. Turdalieva A History of Kyrgyzstan (from Stone Age to the present) bishkek 2016	October

14	Topic 14. Kyrgyzstan in the years of restructuring.	Kyrgyzstan in the years of restructuring.	2	<i>abstract</i>	8	O.Osmonov and Ch. Turdalieva A History of Kyrgyzstan (from Stone Age to the present) bishkek 2016	October
15	Topic 15. Kyrgyzstan in the years of independence.	Foreign policy of Kyrgyzstan.	4	<i>presentation</i>	8	O.Osmonov and Ch. Turdalieva A History of Kyrgyzstan (from Stone Age to the present) bishkek 2016	October
	Total module 1		45		25		

The plan of independent work with students

Discipline: "History and culture of Kyrgyzstan"

"560001-General Medicine (GM) »

	PIWS topic	Assignment for PIWS	Hours	Assessment tools	Point	Educational resources	Location (building/class room)	Due date
1	Lecture : Establishment of Soviet power in Kyrgyzstan	1. Formation of the Kyrgyz Autonomous Soviet Socialist Republic, 2. Collectivization, industrialization.	1	Oral survey	8	Video materials, archival materials, Electronic resources, bibliography	MM F 3	5 week
2.	Lecture : Kyrgyzstan in the years of independence. 1	1.Foreign policy of Kyrgyzstan.	2	Oral survey	8	Video materials, archival materials, Electronic resources, bibliography	MM F3	6 week
3	Lecture : Culture and traditions of Kyrgyzstan in the context of sustainable development.	1.Historical context of the culture of Kyrgyzstan. 2.Traditional forms of agriculture and their impact on sustainable development.	2	Oral survey	8	Video materials, archival materials, Electronic resources, bibliography	MM F3	7week
4.	Seminar lesson. Kyrgyzstan during the Great Patriotic War and during the years of reforms (1941-1991).	1. The beginning of World War II and the Great Patriotic War. Warriors - Kyrgyzstanis on the fronts of the Second World War. 2. The struggle of home front	2	Report, abstract , essay, presentation	8	1. O.Osmonov and Ch. Turdalieva A History of Kyrgyzstan (from Stone Age to the present) bishkek 2016 2. Chotaeva Cholpon	MM F2 211 room	4 week

		workers to provide the front with everything necessary. 3. Restoration of the national economy in the post-war period. 4. Development of culture of Kyrgyzstan in the Soviet era				History of Kyrgyzstan (Lecture book). — B.: 2016. — 132 p., ill.		
5.	Seminar lesson. “The impact of globalization on the sustainable development of Kyrgyzstan and the preservation of cultural heritage”	1.The role of cultural and natural celebrations in maintaining sustainability	2	Report, abstract, essay, presentation	8	1. O.Osmonov and Ch. Turdalieva A History of Kyrgyzstan (from Stone Age to the present) bishkek 2016 2. Chotaeva Cholpon History of Kyrgyzstan (Lecture book). — B.: 2016. — 132 p., ill.	MM F2 211 room	7 week
	PIWS total:		9		25			

Total:	Audit	SIW	I-module(60 hours -60B)			Final Control (IR-40B)				Total	
			Audit clock		SIW	RC	Lek	Sem	Siw		IR
			Lek	Sem							
90	45	45	22	14	36						
PIWS			5	4	9	50p	4X2 8	4X2 8	8X2 16	9X2 18	1006
Total			27	18	45						
						8x8x16x18=50					
Modules and final controls			M1=(Lek + Sem + Siw+ SRSP)			IR = (Lek + sem +Siw+ SRSP)					

11. Criteria for assessing student knowledge

(for exam)

During the exam, student knowledge scores are graded 100 b. depending on the following rules:

Points (rating)	Letter system	Digital equivalence	Traditional system
95-100	A+	4,0	Excellent
90-94	A	3,5	
85-89	B+	3,0	Very Good
80-84	B	2,5	
75-79	C+	2,0	Good
70-74	C	1,5	
65-69	D+	1	Satisfactorily
60-64	D	0,5	
30-59	FX	0,0	Unsatisfactory
1-29	F	0,0	

The criteria for assessing student performance in exams are set by the university. On each topic, students pass the current control (TC). For intermediate testing of students' knowledge, boundary control (RK) is carried out. The total score is - 50 points. The distribution of points for current and midterm controls is indicated in the thematic plan. In the final control, the student scores 50 points (50 + 50).

If a student scores less than 30 points, then he is not allowed to pass the exam (to the final control). Students with 30 to 40 points are allowed to retake. Admission to the final control only with the permission of the dean's office. In such cases, the student rating is reduced.

12. Grading Policy:

The control of knowledge and quality of education is aimed at assessing the student's work over a semester, the degree of assimilation of theoretical knowledge, testing independent work skills, the ability to synthesize acquired knowledge and apply them in solving practical, professional problems.

Educational Resources

Educational Resources	
Electronic resources	<ol style="list-style-type: none">1. http://www.kyrgyz.ru Кыргыз тарыхына арналган сайт2. http://www.allkg.info Кыргызстан жөнүндө маалымат сайт3. www.facebook.com/KyrgyzTaryhKoomu4. www.bizdin.kg5. www.manas.cc

	<p>6. http://kk.wikipedia.org</p> <p>7. http://ru.wikipedia.org</p>
Electronic textbooks	<ol style="list-style-type: none"> 1. https://bilim.akipress.org/lib/book:241/istoriya-kyrgyzstana-s-drevnejshih-vremen-do-kontsa-xix-veka-bishkek-1996g/ 2. kitep.edu.gov.kg/ru/view/430 3. https://kitep.edu.gov.kg/ru/view/756 4. https://kstu.kg/fileadmin/user_upload/istorija_kyrgyzstana_9_kl.pdf 5. http://library.compasscollege.art/media/books/osmonov11.pdf 6. https://bilim.akipress.org/lib/book:259/ploskih-m-kirgizy-i-kokandskoe-hanstvo-frunze-1977g/ 7. https://kutbilim.kg/methodical/inner/kyrgyzstan-v-period-kokandskogo-hanstva/
Laboratory Physical Resources	<p>Historical museums and archaeological parks</p> <p>– Exhibits: Here you can see authentic artifacts from different eras: from ancient tools to household items of the 19th century.</p> <p>- Interactive Exhibits: Many museums offer interactive exhibits where visitors can try on armor, try themselves as a craftsman, or even be virtually transported to a historical event.</p>
Special software	
Regulatory acts	<ul style="list-style-type: none"> - Historical roots of modern legal systems - The role of law in the formation of the state - The influence of religion on law - International law in historical perspective
Textbooks (library)	<ol style="list-style-type: none"> 1. Asankanov A.A., Bedelbaevzh.b. Kyrgyz Republic of the Antary. - B., 2000. 2. Asankanov A.A. History of Kyrgyzstan. - B., 2009. 3. Baktygulov J.S., Mombekova J.K. The history of the Kyrgyz and Kyrgyzstan from ancient times to the present day. - B., 1999. 4. O.Osmonov and Ch. Turdalieva A History of Kyrgyzstan (from Stone Age to the present) bishkek 2016 5. Chotaeva Cholpon History of Kyrgyzstan (Lecture book). — B.: 2016. — 132 p., ill.

Senior teacher of the department of SHD Adylbekova B.U. _____

Head of the Department _____ **S.M. Amiraliev**

Head of the educational program, associate professor: _____ **Bugubaeva M.M.**

Associate professor Bazieva A. _____